



Year 2 Rationale Summer 2nd Half Term Fantastic food, healthy lifestyle



Linking fantastically to our prior learning about taking care of God's wonderful world, Year 2 will be reflecting on the different foods we eat. We will begin the half term with an exciting trip to Wisley Gardens. This hook will encourage our learners to identify a range of vegetables and discover many edible plants. Following on from this trip, the children will be encouraged to reflect on the affects these plants have on our planet. This links directly to our curriculum focus: 'environmental responsibility'.

A focus within our learning will be Science; where we will explore the foods animals including humans need in order to live a healthy lifestyle. The children will think deeply about the importance of regular exercise alongside a balanced diet. Our RHE learning links directly to this, where we will discover how our food is grown and where it comes from.

An overarching theme in Year 2 is inspiration and how we can be leaders of change for good. Through a range of texts about vegetables, the children will reflect on the responsibility they have to live a healthy and balanced lifestyle. Reflecting on how they can be leaders of change, the children will have a chance to create and perform their own poems about the importance of healthy eating. The text 'Kitchen Disco' by Clare Foges will be a fantastic inspiration for Year 2.