



**ST. DUNSTAN'S**

**EYFS Rationale**

**Summer 2<sup>nd</sup> Half Term**

**Being Healthy and Strong**



We are God's most special creation, made in his image and likeness. This half term we will be thinking about all the ways we can keep our bodies healthy, strong and safe. In our PE lessons we will begin to observe the effects of exercise on our bodies and how this can have a positive impact on mental and physical health. We will also think about managing our own personal hygiene needs with a particular focus on teeth brushing and healthy eating. We are looking forward to our visit from a local dentist!

This links perfectly to our "Feeling Good Week" when we will be focusing on how we can make others feel good by celebrating their successes. Aesop's Theatre will be performing the story of "The Tortoise and the Hare" to help us think about different strategies we can use to solve a problem and how it feels when we do not win!

We will also begin to think about other countries around the world and how they are similar to or differ from the country where we live; celebrating the diversity within our class family. In our RE lessons we will be "encountering Islam" as a way of experiencing other people who have different beliefs to our own.